

Consent to Participate in Research

XXXX

Mobile-phone-based Stress study

Principal Investigator: XXXX

You are being asked to take part in a research study. Taking part in research is voluntary. Your decision whether or not to take part will have no effect on the quality of your medical care, academic standing, or job status you have as a XXXX student. Please ask questions if there is anything about this study you do not understand. You can contact us at XXXX

What is the purpose of this study?

The purpose of this study is to assess the stress students experience in academics, especially during finals.

Are there any benefits from taking part in this study?

You might not personally benefit from being in this research study. Through this study we hope to gather information that may help students in the future.

What does this study involve?

Your participation in this study may last up to **7 days**. If you elect to participate, you will need to install our app on your phone. During the study period the app will prompt you few times every day with a brief survey. While you are filling out the brief survey the app collects certain other information (time, location, vibrations, ambient noise level, ambient light level, and network addresses of any nearby Bluetooth devices). All this information is collected **only** when you are filling out the survey in the app. (The app collects no information at other times.) We use this collected information in assessing your stress levels. In the evening the app will prompt you for an 'evening-survey' to reflect on the brief surveys during that day. When the study is over (after 7 days) you will receive a link for monetary compensation.

What are the options if you do not want to take part in this study?

Participation is voluntary. If you do not want to take part in the study do not complete this consent form (by clicking Submit below). Once enrolled in the study, you can withdraw from the study at any time by uninstalling the app.

What are the risks involved with being enrolled in this study?

No risks are expected. We will not know your name therefore if you are feeling overwhelmed by stress please contact XXXX or your Dean.

Other important items you should know:

- **Leaving the study:** You may choose to stop your participation in this study at any time; simply uninstall the app. Your decision to stop your participation will have no effect on your academic standing or job status if you are a student or employee of XXXX.
- **Number of people in this study:** We expect XXXX people to enroll in this study.
- **Funding:** XXXX
- **Product Development:** If the results of this research are used to develop a product sold for a profit, you will not share in the profit. You will not receive money from the profits.

How will your privacy be protected?

We value your privacy. At no point will the app collect your name. The only identifying information we will collect is on this form (your email address). We will use that address to send you a link to your compensation at the end of the study; neither your name nor your email address will be linked to your activities with the app.

The information collected in this study includes your responses to the surveys, and certain information collected at the time you respond to a survey (time, location, ambient noise level, vibrations, ambient light level, and network addresses of any nearby Bluetooth devices). We will store this information on a secure server. The information will be used only for the purpose of this research study as stated earlier in this form and will be deleted when no longer needed. We have no intention of sharing your information with any third party.

What about the costs of this study?

There is no cost to participate in this study.

Will you be paid to take part in this study?

You will receive \$XX for each day you participate. 'Participation' means you complete the evening-survey administered once each day. (Our app will ask you a few quick questions about the study each evening.) You receive the compensation in the form of gift card at the end of the study, once you upload all the data to our secure server. The app automatically uploads the data to our secure server whenever Wi-Fi is available, so to upload the data simply connect to any Wi-Fi access point.

Whom should you call with questions about this study?

If you have technical problems with our app, email us at XXXX.

If you have questions or concerns about this study, you can call the research director for this study (XXXX) at (XXX) XXX-XXXX or email us at XXXX.

If you have questions, concerns, complaints, or suggestions about human research at XXXX, you may call the Office of the Committee for the Protection of Human Subjects at XXXX (XXX) XXX-XXXX during normal business hours.

CONSENT

I have read the above information about the *Mobile-phone-based Stress study*. I agree to participate in this study.

My email address

After you click submit we will send you an email message with instructions on how to install the app and how to participate in the study.